

Cross-Canada Check-In Session: Summary of the August 20 Session

Hundreds of teachers joined us to discuss returning to school this fall. The following is a summary of the conversation and a list of resources shared.

Outstanding Questions and concerns:

- How to control the air quality in the classrooms and gymnasiums?
- What are you planning for sanitization protocols if you are using any equipment at all?
- What routines did teachers in may/june use that they will continue to use/ adapt to better suit their needs this fall?
- Has there been any discussion regarding PHE teachers that teach at several schools during the week?
- How are the costs for personal PE kits being covered in different boards?
- Best practices for change room use?
- How many students a PHE teacher will see in a day, regardless of the guidelines in place
- Our region does not have PE/Health representation (consultants). PE teachers therefore are feeling lost and struggling to know where to even start. Not having a Regional PE consultant is making it difficult for PE teachers to collaborate.

What would be helpful for your return to school plan?

- Curriculum specific resources
- Logistics around how to sanitize equipment and spaces
- Best practices, what's working, etc.
- Concrete ideas or activities on how to run a safe classroom and also meet outcomes.
- Activity ideas that go beyond fitness routines
- Assessment practices in any of learning environments
- Outdoor Education resources

Activity Ideas:

- Orienteering/geocaching/letterboxing
- Cross Country running using different routes
- Track and Field
- Students will bring their own equipment kits with water bottles and a towel that goes home with them daily for cleaning
- Our students wear school uniforms typically, but this year they can wear their 'gym strip' for any day that they have PE
- Ask students to create a target game (or game from another games category), then share on a platform with their cohort. Peers can then choose one, play the game, and share the tactics (offensive or defensive or both) they use that were effective or share a modification to make the game more challenging for their individual abilities

- Senior students can develop lesson plans for the class as if they were in charge of teaching
- Random Acts of Kindness calendars are good for SEL
- An online “thought book” helps students to reflect throughout the semester

Resources links:

- [CIRA Ontario](https://www.ciraontario.com): <https://www.ciraontario.com>
- [Playsport](https://www.playsport.net): <https://www.playsport.net>
- [Boks Kids](https://bokskids.ca): <https://bokskids.ca>
- [Ophea Activity Cards](https://www.ophea.net/product/activity-counts#.X0PMBY2z1IN): <https://www.ophea.net/product/activity-counts#.X0PMBY2z1IN>
- [School Mental Health Ontario](https://smho-smsso.ca): <https://smho-smsso.ca>
- [iPhys-Ed.com](https://www.iphys-ed.com/blog/): <https://www.iphys-ed.com/blog/>
- [Vicky Goodyear \(UK\)](https://www.youtube.com/channel/UCBKuuA2SedphDLutkOlqldQ): <https://www.youtube.com/channel/UCBKuuA2SedphDLutkOlqldQ>
- [Smiling Mind](https://www.smilingmind.com.au): <https://www.smilingmind.com.au>
- [Meaningful PHE](https://meaningfulpe.wordpress.com): <https://meaningfulpe.wordpress.com>
- [Mask Protocols in Quebec](https://cdn-contenu.quebec.ca/cdn-contenu/adm/min/education/publications-adm/covid-19/affichette-port-du-masque-en.pdf?1597860229): <https://cdn-contenu.quebec.ca/cdn-contenu/adm/min/education/publications-adm/covid-19/affichette-port-du-masque-en.pdf?1597860229>
- [Darabee](https://darebee.com): <https://darebee.com>
- [OPEN PhysEd](https://openphysed.org): <https://openphysed.org>