

RESEARCHER OF THE MONTH

Dr. Alexandra Stoddart is an Assistant Professor in the Health, Outdoor and Physical Education (HOPE) subject area in the Faculty of Education at the University of Regina. Before joining the U of R as a faculty member in January 2018, she completed her Ph.D. in Kinesiology at the University of Saskatchewan. Alexandra currently teaches HOPE undergraduate courses in both the Elementary and Secondary programs. She enjoys the opportunity to see her students learn, grow, and thrive as they engage in their pre-internship and internship experiences.



Dr. Stoddart's research is focused on physical literacy, physical education pedagogy, and the physical education curriculum using both qualitative and quantitative research methods. Specifically, her primary research area is exploring the concept of physical literacy and its development through quality physical education in elementary schools. She works collaboratively with teachers, students, and researchers in K-12 schools to explore these topics. She is currently funded by the Saskatchewan Instructional and Development Research Unit (SIDRU) to explore post-internship students' understanding of physical literacy and its connection to the Saskatchewan K-12 physical education curriculum.

Why is it important to be connected to the PHE Canada Research Council?

The PHE Canada Research Council offers the opportunity to engage, discuss, and examine important topics and issues in physical and health education. Researchers from across Canada come together to share their voices and their passion for the field. The opportunity to learn from and collaborate with people who have the same passion and interests is inspiring. The Research Council also offers a supportive learning environment for graduate students to get involved, share ideas, and make connections. Together we can strongly advocate for our field and move forward toward a vision where all students are engaged in high quality physical and health education.

Dr. Stoddart's most recent publications:

Kerpan, S., Humbert, M.L., & **Stoddart, A.** (In press 2019). Improving kindergarten and grade one Indigenous students' on-task behavior with the use of movement integration. *Journal of American Indian Education*.

Stoddart, A.L., & Humbert, M.L. (2017). Physical literacy is...? What teachers really know. *PHEnex*, 8(3), 1-18.

Buckolz, E., **Stoddart, A.**, Edgar, C., & Khan, M. (2014). The error protection impact of inhibitory after-effects in a location-based task and its preservation with practice. *Attention, Perception, and Psychophysics*, 76 (6), 1721-1728.
