

Ashley M. Johnson is a PhD Candidate in the School of Kinesiology and Health Studies at Queen's University, where her research explores the sustainability of community health promotion multi-sector partnerships within Canada. A former Recreation Director at the YMCA of Niagara, Ashley gained valuable insight into the non-profit and charitable sectors—experience that continues to shape her research and practice.

Currently, she supports Kingston Gets Active (KGA), a multi-sector collaboration aimed at increasing physical activity opportunities in Kingston, Ontario. Ashley also serves as the Curriculum Advisor for the Children's Movement Program at Brock University, where she has been a familiar face for over 15 years. Her long-standing involvement in the program, which began as a student volunteer, has allowed her to mentor university students—another of her key passions.



In addition to her research and community work, Ashley has taught a variety of university-level courses. She is passionate about introducing students to diverse movement forms and creating experiential learning opportunities. Her work embodies a deep commitment to fostering active, healthy communities through partnership-building and evidence-based approaches.

Why is it important to be connected to the PHE Canada Research Council?

The Research Council offers a valuable opportunity to connect with colleagues from across Canada who work in the same field. These connections not only advance the field but also foster collaboration with professionals who may not be located nearby. One of the most energizing aspects of my involvement is the PHECRC Research Forum—a rare opportunity to gather in person with mentors, colleagues, and friends, many of whom I see only once a year. There's a unique energy that comes from face-to-face interaction that virtual meetings simply can't replicate.

As a long-time member of the Research Council and a forum and conference attendee since 2010, I credit this group with contributing significantly to my academic, professional, and personal growth. The rich discussions, diverse perspectives, collegial support, and ongoing encouragement have all played a meaningful role in shaping my journey through graduate studies and into my professional life.

Ashley Johnson's recent publications:

Sulz, L., Robinson, D. B., Morrison, H., Read, J., **Johnson, A.M.**, Johnston, L., & Frail, K. (2024). A scoping review of K–12 health education in Canada: understanding school stakeholders' perceptions. *Curriculum Studies in Health and Physical Education*, 1-23. <https://doi.org/10.1080/25742981.2024.2311113>

Morrison, H., **Johnson, A.M.**, & Lorusso, J. R. (2024). Ten top tips on productivity and publishing for graduate students in physical and health education. *PHEnex Journal*. 14(1), 1-9.

Lorusso, J. R., Morrison, H., & **Johnson, A.M.** (2023). Ten top tips on scholarship and grant writing for graduate students in physical and health education. *PHEnex Journal* 13(3), 1-7.

Johnson, A.M., Lorusso, J. R., & Morrison, H. (2022). Ten top tips on career planning for physical and health education graduate students. *PHEnex Journal*, 13(1), 1-7.
