

Stephanie Beni is a doctoral student studying physical education at Brock University. She also teaches physical education part-time to private and home schooled students.

Her current research interests lie in identifying practical pedagogical strategies by which practitioners may promote a focus on meaningful experiences in physical education and physical activities contexts, in teachers' professional learning in physical education, and in studying her own teaching practice.



Why is it important to be connected to the PHE Canada Research Council?

I value my connection to the PHE Canada Research Council because I believe it is critical to stay connected to Canadian researchers in the field both for the purpose of staying current on the important research in physical education taking place in a Canadian context and for professional and social networking. I value the opportunities my involvement in the Research Council have provided for collaboration with other early career scholars. In addition, as a young scholar in the field, I value the voices, examples, and expertise of those with more experience in the field. Connections through the PHE Canada Research Council provide opportunities to learn from that expertise, celebrate those who have blazed important trails, and find ways to carry on important work in the field.

Stephanie Beni's most recent publication(s):

Beni, S., Ní Chróinín, D., & Fletcher, T. (2021). 'It's how PE should be!' Classroom teachers' experiences of implementing Meaningful Physical Education. *European Physical Education Review*, advance online publication.

Fletcher, T., Ní Chróinín, D., Gleddie, D., & **Beni, S.** (Eds.). (2021). *Meaningful Physical Education: An approach for teaching and learning*. Abingdon: Routledge.

Fletcher, T., Ní Chróinín, D., O'Sullivan, M., & **Beni, S.** (2020). Pre-service teachers articulating their learning about meaningful physical education, *European Physical Education Review*, *26*(4), 885-902.

Beni, S., Ní Chróinín, D., & Fletcher, T. (2019). A focus on the how of meaningful physical education in primary schools. *Sport, Education, & Society, 24*(6), 624-637.

Ní Chróinín, D., **Beni, S.**, Fletcher, T., Griffin, C., & Price, C. (2019). Using meaningful experiences as a vision for physical education teaching and teacher education practice. *Physical Education and Sport Pedagogy*, *24*(6), 598-614.

Beni, S., Fletcher, T., & Ní Chróinín, D. (2018). Using features of meaningful experiences to guide primary physical education practice. *European Physical Education Review, 25*(3), 599-615.

Beni, S., Fletcher, T., & Ní Chróinín, D. (2017). Meaningful experiences in physical education and youth sport: A review of the literature. *Quest, 69*(3), 291-312.